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| **Why Compost?****1. Soil Health:** No fertility, no food. Effectively composting returns nutrients to the soil, fosters healthy bio-diversity, reduces the need for synthetic fertilizers and pesticides, and allows life to flourish. **2. Fossil Fuels:** Relying on a more local, natural system of waste reduction and food production decreases our reliance on fossil fuels, a costly resource.**3. Water:** Soil rich with organic matter retains water better, and erodes less. Incorporating compost into our soils reduces the need for irrigation and helps preserve water, arguably our most precious resource.**4. Climate Change:** The U.S. alone wastes some 35 million tons of food in landfills every year - enough to fill 5 Citizens Bank Parks to the brim. Picture that. In a landfill or stagnant backyard pile where compostables are starved of light and air, they decay anaerobically (without oxygen) producing methane. Methane is a greenhouse gas with 25 times the global warming potential of carbon dioxide.**5. Our Health:** Local seasonal ingredients harvested at their peak nutritional value from healthier soils means healthier food with fewer "food miles." We eat better, exercise more, and spend more time together as a family or community when we graze from our gardens and local farms rather than driving to the store.It just makes sense. – Chris Pieretti, owner, Kitchen Harvest, Inc.  KitchenHarvest_CircleLogo_FN.png [MyKitchenHarvest.com](http://www.MyKitchenHarvest.com) | **Why Compost?****1. Soil Health:** No fertility, no food. Effectively composting returns nutrients to the soil, fosters healthy bio-diversity, reduces the need for synthetic fertilizers and pesticides, and allows life to flourish. **2. Fossil Fuels:** Relying on a more local, natural system of waste reduction and food production decreases our reliance on fossil fuels, a costly resource.**3. Water:** Soil rich with organic matter retains water better, and erodes less. Incorporating compost into our soils reduces the need for irrigation and helps preserve water, arguably our most precious resource.**4. Climate Change:** The U.S. alone wastes some 35 million tons of food in landfills every year - enough to fill 5 Citizens Bank Parks to the brim. Picture that. In a landfill or stagnant backyard pile where compostables are starved of light and air, they decay anaerobically (without oxygen) producing methane. Methane is a greenhouse gas with 25 times the global warming potential of carbon dioxide.**5. Our Health:** Local seasonal ingredients harvested at their peak nutritional value from healthier soils means healthier food with fewer "food miles." We eat better, exercise more, and spend more time together as a family or community when we graze from our gardens and local farms rather than driving to the store.It just makes sense. – Chris Pieretti, owner, Kitchen Harvest, Inc.  KitchenHarvest_CircleLogo_FN.png [MyKitchenHarvest.com](http://www.MyKitchenHarvest.com) | **Why Compost?****1. Soil Health:** No fertility, no food. Effectively composting returns nutrients to the soil, fosters healthy bio-diversity, reduces the need for synthetic fertilizers and pesticides, and allows life to flourish. **2. Fossil Fuels:** Relying on a more local, natural system of waste reduction and food production decreases our reliance on fossil fuels, a costly resource.**3. Water:** Soil rich with organic matter retains water better, and erodes less. Incorporating compost into our soils reduces the need for irrigation and helps preserve water, arguably our most precious resource.**4. Climate Change:** The U.S. alone wastes some 35 million tons of food in landfills every year - enough to fill 5 Citizens Bank Parks to the brim. Picture that. In a landfill or stagnant backyard pile where compostables are starved of light and air, they decay anaerobically (without oxygen) producing methane. Methane is a greenhouse gas with 25 times the global warming potential of carbon dioxide.**5. Our Health:** Local seasonal ingredients harvested at their peak nutritional value from healthier soils means healthier food with fewer "food miles." We eat better, exercise more, and spend more time together as a family or community when we graze from our gardens and local farms rather than driving to the store.It just makes sense. – Chris Pieretti, owner, Kitchen Harvest, Inc.  KitchenHarvest_CircleLogo_FN.png [MyKitchenHarvest.com](http://www.MyKitchenHarvest.com) |